

ROADBOOK 2026

Saturday 11th and Sunday 12th April 2026



**baloise
namur
marathon**

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A word of introduction

WELCOME TO THE BALOISE NAMUR MARATHON, HALF MARATHON, 10K KICK CANCER AND MATERNE KIDS RUN

In the heart of Belgium's Walloon capital, the Baloise Namur Marathon, Half Marathon, 10K Kick Cancer and the Materne Kids Run offers a unique opportunity to discover the city while taking part in a legendary race.

It is simultaneously a sporting challenge in a unique setting at the confluence of the Meuse and Sambre rivers, a family and popular event, and a tourist attraction through the discovery of a historic and cultural capital with many faces.

The starting points of all races are all decentralised. The Marathon starts in Wépion, the Half Marathon in Profondeville and the 10K Kick Cancer in the 'Parc de la Plante' in Namur. All races finish at Namur Expo where you'll find all the facilities you need.

Feel free to consult our website and its FAQ:

- www.baloisenamurmarathon.com
- www.baloisenamurmarathon.com/faq

Together, let's make the Baloise Namur Marathon an example of fair play and respect.

Dear runners, volunteers, supporters and visitors,

The Baloise Namur Marathon weekend is much more than a sporting competition: it's a celebration of effort, perseverance, and solidarity. Whether you're an athlete, spectator, or organizer, each of you contributes to making this event a unique moment, imbued with human and sporting values.

Fair play is the spirit of the marathon. Respect your opponents, encourage those who need it, and congratulate every participant, regardless of their level. The race is a personal challenge, but it's also an opportunity to share emotions and create collective memories.

Respect is the foundation of our community. Respect the rules, other runners, the volunteers who dedicate themselves tirelessly, and the environment that hosts us. A smile, a thank you, or a gesture of encouragement can make all the difference.

Together, set an example. Whether at the starting line, throughout the course, or at the finish line, be ambassadors for the values that make sport beautiful: mutual support, kindness, and dignity.

Thank you for making this weekend a celebration of sport, where everyone feels respected and inspired.

Have a great marathon!

A huge thank you to our volunteers



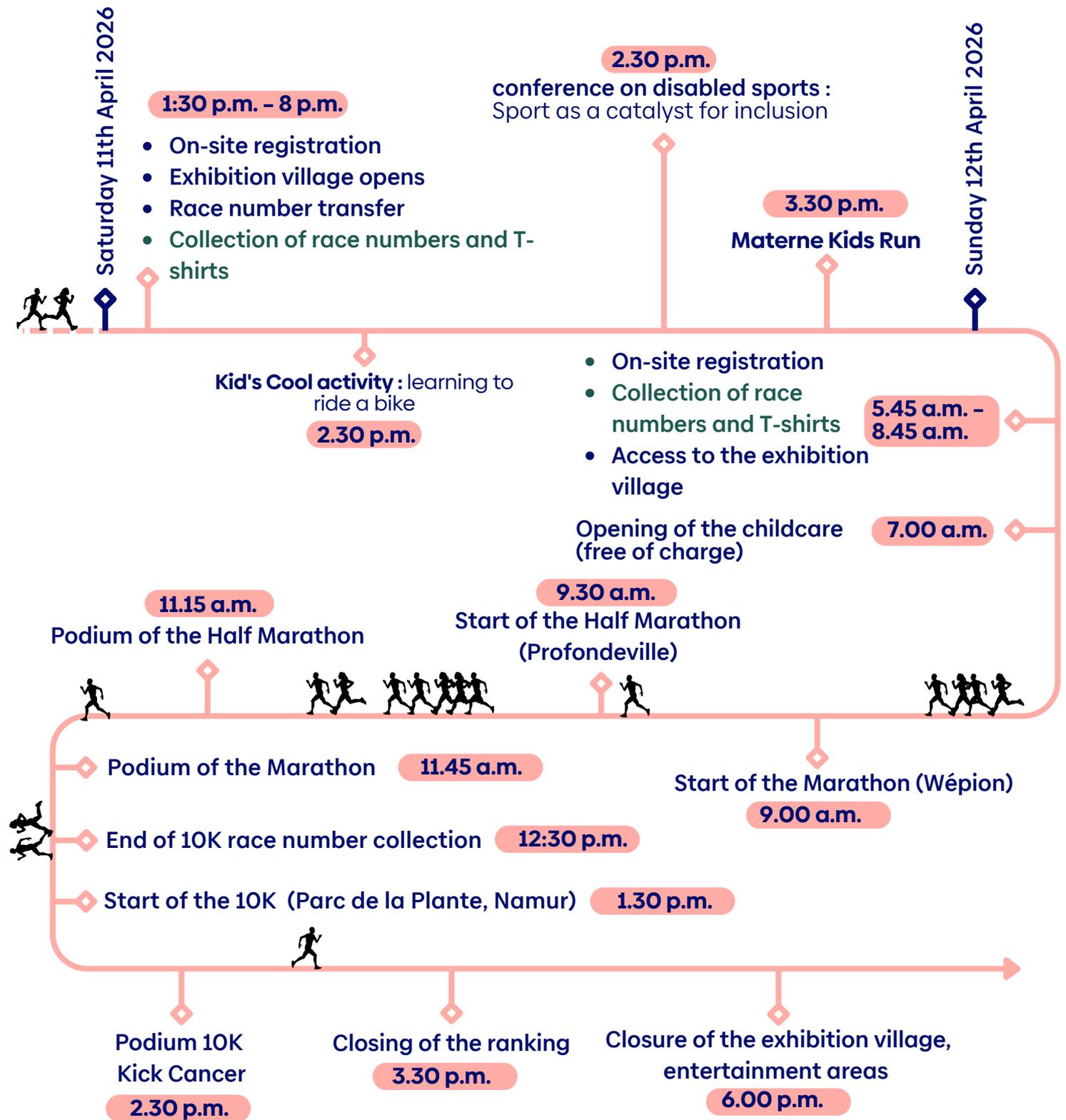
The Baloise Namur Marathon is a major sporting event in Wallonia, driven by a motivated team. It is also, and above all, an event that can count on the support of no fewer than 500 volunteers: youth movements, safety schools (Andenne and Namur), sports clubs, friends, and families.

Without them, there would be no race, no refreshments, no encouragement at every turn! Our volunteers are the heart and soul of the Baloise Namur Marathon, those who welcome you with a smile, guide you along the course and make this day possible.

Dear runners, we are counting on you to bring back that smile! A small thank you, a kind glance as you pass by... It costs nothing, and it makes all the difference.

We look forward to seeing you at the starting line in good spirits.

1. The programme



Addresses

- Exhibition and finish area : [Avenue Sergent Vrithoff 2, 5000 Namur](#)
- Start of the Baloise Namur Marathon : [Promenade de la Meuse 5, 5100 Namur](#)
- Start of the Baloise Namur Semi-Marathon : [Chaussée de Dinant 106, 5170 Profondeville](#)
- Start of the 10K Kick Cancer : [Avenue Félicien Rops 8, 5000 Namur](#)
- Start of the Kids Run : [Quai de l'Abbaye 31, 5000 Namur](#)

2. Your race number

Course / Race
Marathon ELITE

SAS

Numéro de dossard / Borstnummer / Bib Number
00000

Prénom / Voornaam / Firstname
Jean-Mich Mich

Boisson offerte / Gratis Drinkje / Free Drink

Caution boisson offerte / Gratis Drinkje / Free Drink

Bus/train **T-shirt**

Gravure de la médaille / Medaillegravure / Medaille engraving

bracelet consigne / Bagageruimte bracelet / Deposit bracelet
+ 00000

baloise namur marathon

baloise

NAMUR CAPITALE **SUDINFO** **MURPROTEC** **FÉDÉRATION WALLONNE BRUXELLES** **Adeps** **PROFONDEVILLE** **W** **Wallonie**

Nom et Prénom : _____

Numéro de contact en cas d'urgence : _____

Groupe Sanguin : _____

Médicament / Traitement : _____

	HEURE CONSEILLÉE D'ENTRÉE DANS LE SAS	HEURE DE DÉPART
Handisport / Joëlette	8h40	8h55
Elite	8h45	9h00
2h31 - 3h00	8h45	9h00
3h01 - 3h30	8h45	9h00
3h31 - 4h00	8h45	9h00
4h01 - 4h30	8h45	9h00
4h31 et plus (Max 6h)	8h45	9h00



HEURE DE LA NAVETTE / TAILLE DU T-SHIRT

Each race number includes your first name, your number and the options you have selected. The colour corresponds to your SAS. A detachable strip is provided at the bottom of the race number for use at the race start. The reverse side includes all emergency contact details and a reminder regarding your T-shirt and the shuttle bus (if this option has been purchased).

3. Prevention

Emergency number: 112

Running is a demanding activity that requires thorough preparation, both physically and logistically. Here are some essential tips to help you tackle a marathon with confidence and minimise the risks to your health.

1. Hydration: finding the right balance

Hydration is crucial. Make sure you drink regularly before and after exercise. During exercise, drink in small sips, opting for isotonic drinks to replace lost minerals. Listen to your body and make sure you stop at the refreshment points along the route.

2. A suitable diet before exercise

Your pre-race meal should be high in complex carbohydrates (pasta, rice, quinoa) and low in fat to avoid digestive problems. Avoid foods that are new to you or difficult to digest. A light breakfast, eaten 2 to 3 hours before the start, is ideal for fuelling up without weighing you down.

3. Rest: an often underestimated ally

In the days leading up to the race, make sure you get a good night's sleep. A lack of rest increases the risk of injury and reduces your performance. A well-rested body recovers better and is more resistant to fatigue.

4. See a doctor: an essential precaution

If you experience any unusual pain, abnormal shortness of breath or signs of persistent fatigue, please do not hesitate to consult a doctor. A preliminary health check-up is recommended, especially if you have a history of medical conditions or are returning to running after a long break.

5. Listen to your body

On the big day, listen to your body. Don't push yourself if you feel any pain or discomfort. A marathon is a challenge, but your health comes first. Adjust your pace and don't hesitate to walk if necessary.

6. Warm-up and stretching

Before setting off, spend 10 to 15 minutes warming up gradually (brisk walking, light jogging) to prepare your muscles. After your run, gentle stretching will help minimise muscle soreness and aid recovery.

In summary: Proper preparation, sensible hydration, a balanced diet and plenty of rest are the keys to making the most of the Baloise Namur Marathon experience, whilst minimising the risks. Good luck to everyone!

4. Baloise Namur Marathon

Access to departure

Starting point : Promenade de la Meuse 5, 5100 Namur

The TEC shuttles for your departure will be in front of Namur Expo, Avenue Sergent Vriethoff 2, at the TEC stop. The shuttle you should take is indicated by a pictogram on your race number.

Bus timetable:

- BUS TEC MARATHON Tortue 1, 2, 3, 4, 5 : departs at 7.15 a.m.
- BUS TEC MARATHON Lièvre 6, 7, 8, 9, 10 : departs at 8.05 a.m.

The choice of shuttle bus is final and cannot be changed. We do not accept any changes to the departure time. You will be checked before boarding the bus.

By car (strongly discouraged):

- Drop-off point along the N92 national road at Rue de la Justice or Rue des Griottes.
- Parking: limited spaces available, police regulations must be observed.

Luggage

A detachable tag is attached to your race bib. This must be attached to your bag before being placed in the truck that will transport your bag to the finish line. The bag must have a maximum capacity of 20L. Only bags are accepted at the baggage check (no clothing, no suitcases).

If you plan to bring an item of clothing to keep you warm, you can leave it on the barriers near the start line. These clothes will then be given a second life to people in need.

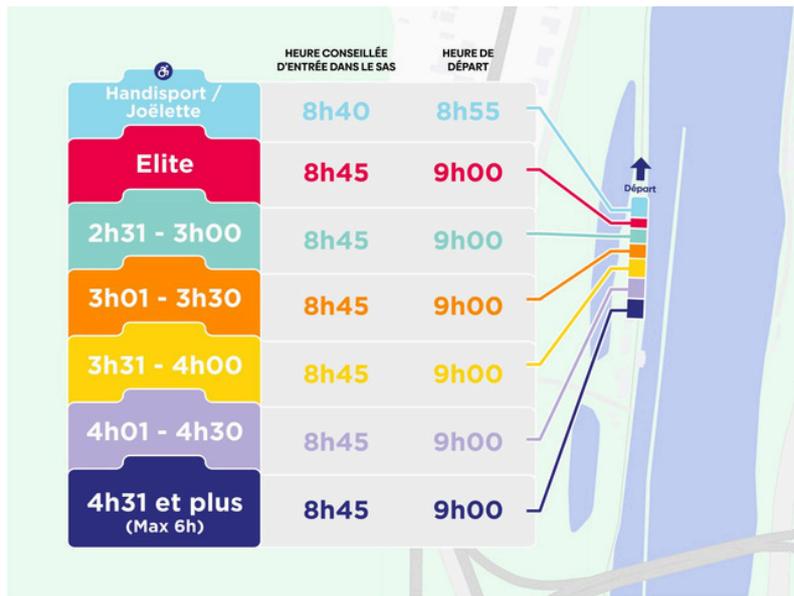
You will collect your bag in the runner's area after the finish. It will be stored in the line corresponding to your bib number.

Changing rooms

Separate changing rooms for women and men with showers are located at the Tabora sports centre (follow the signs from Namur Expo).

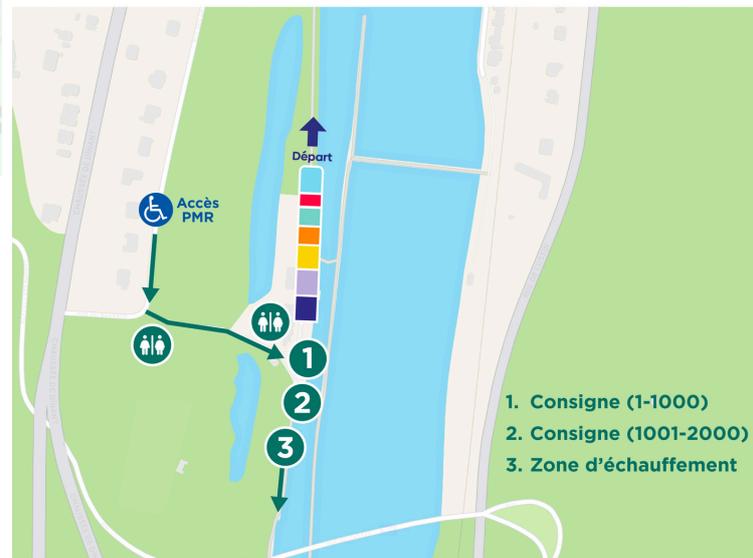
Access

	HEURE CONSEILLÉE D'ENTRÉE DANS LE SAS	HEURE DE DÉPART
Handisport / Joëlette	8h40	8h55
Elite	8h45	9h00
2h31 - 3h00	8h45	9h00
3h01 - 3h30	8h45	9h00
3h31 - 4h00	8h45	9h00
4h01 - 4h30	8h45	9h00
4h31 et plus (Max 6h)	8h45	9h00



Baloise Namur Marathon

Promenade de Meuse (Écluse) - 5101 Namur



The colour of your race number corresponds to your starting block.

Supplies

At each refreshment station, toilets are available, and a designated area is set aside for para-athletes (please respect this). The isotonic drink is High 5 Citrus, the gel is High 5 Aqua Orange, and the bar is High 5 Caramel.

Ravitaillement • Bevooradingspunten • Supplies

SEMI MARATHON	water	iso	banana	orange	salty chips	energy bar	energy gel	Fulfil	Vita Coco
5k	●	●	●	●	●	●			
10,2k	●	●	●	●	●	●			
14,8k	●	●	●	●	●	●	●		
20k	●	●	●	●	●	●	●		
25,3k	●	●	●	●	●	●	●		
30k	●	●	●	●	●	●	●		
34,8k	●	●	●	●	●	●	●		
39,7k	●	●	●	●	●	●	●		
End	●		●					●	●

5. Baloise Namur Half-Marathon

Access to departure

Starting point : Chaussée de Dinant 105, 5170 Profondeville

By train, you can travel to the start by train from all stations in Wallonia. Trains run according to the normal timetable, except for the organisation's shuttle trains. Two special shuttle trains for the half marathon will depart from Namur station to Lustin station.

TRAIN SHUTTLE TIMETABLE :

- Tortue Train
 - Departure from Namur station at 7.28 am
 - Arrival at Lustin station at 7.40 am
- Lièvre Train
 - Departure from Namur station at 8.28 am
 - Arrival at Lustin station at 8.40 am

The choice of shuttle is final and cannot be changed. We do not accept any changes to the departure time. You will be checked before boarding the train.

By car (strongly discouraged) :

Via the motorway:

- From Charleroi, Mons, Tournai, E42 :
 - exite 12, Namur-Ouest
 - exit 14, Sambreville
- From Luxembourg ,E411 :
 - exit 18bis, Courrière
 - exit 19, Huy
- From Liège, E42 :
 - exit 12, Namur-Ouest
 - exit 14, Sambreville
- From Namur :
 - take the N92 or alternative route via the N90, then the N928
- From Dinant :
 - take the N92

Access to the start

I am parking at Profondeville

Street parking is free wherever it is not prohibited.

Please note: the road to Jambes, Dave and Lustin will be closed to traffic from 8.30 a.m.!

- Church car park in the centre of the municipality (30 spaces) (1.6 km to the start)
- La Hulle sports centre (30 spaces) (3.7 km to the start)
- Lustin station car park (111 spaces) (850 m to the start)

Luggage

A detachable tag is attached to your race bib. This must be attached to your bag before being placed in the truck that will transport your bag to the finish line. The bag must have a maximum capacity of 20L. Only bags are accepted at the baggage check (no clothing, no suitcases).

If you plan to bring an item of clothing to keep you warm, you can leave it on the barriers near the start line. These clothes will then be given a second life to people in need.

You will collect your bag in the runner's area after the finish. It will be stored in the line corresponding to your bib number.

Changing

At each refreshment station, a space is reserved for disabled athletes. Please do not stop there if you are not a disabled athlete.

Access

	HEURE CONSEILLÉE D'ENTRÉE DANS LE SAS	HEURE DE DÉPART
Handisport / Joëlette	9h10	9h25
Elite	9h15	9h30
1h16 - 1h25	9h15	9h30
1h26 - 1h40	9h15	9h30
1h41 - 1h50	9h15	9h35
1h51 - 2h00	9h15	9h40
2h01 et plus	9h15	9h40



The colour of your race number corresponds to your starting block.

Baloise Namur Semi-Marathon

Pont de Lustin, 5170 Profondeville



Supplies

At each refreshment station, toilets are available, and a designated area is set aside for para-athletes (please respect this). The isotonic drink is High 5 Citrus, the gel is High 5 Aqua Orange, and the bar is High 5 Caramel.

Ravitaillement • Bevooradingspunten • Supplies

SEMI MARATHON	water	iso	banana	orange	salty chips	energy bar	energy gel	Fulfil	Vita Coco
4,1k	●	●	●	●	●	●	●		
8,8k	●	●	●	●	●	●	●		
13,6k	●	●	●	●	●	●	●		
18,50k	●	●	●	●	●	●	●		
End	●		●					●	●

6. Baloise Namur 10K Kick Cancer

Access to departure

Starting point : [Auberge de Jeunesse de Namur - Avenue Félicien Rops 8, 5000 Namur](#)

The TEC shuttle buses for your departure will be located in front of Namur Expo, 2 Avenue Sergent Vriethoff. The shuttle bus you should take is indicated by a symbol on your race number, and the departure time is printed on the back of your race number.

Bus timetable :

- BUS TEC 10K Tortue 11, 12, 13, 14, 15 : departs at 11.45 a.m.
- BUS TEC 10K Lièvre 16, 17, 18, 19, 20 : departs at 12.15 p.m.

The choice of shuttle bus is final and cannot be changed. We do not accept any changes to the departure time. You will be checked before boarding the bus.

By car (strongly discouraged) :

- La Plante Sports Centre (60 spaces) – Only for the 10K (Youth Hostel, 700 m)
- Street parking in Jambes is free on Sundays

On foot : From Namur EXPO : [Click here](#)

Luggage

A detachable tag is attached to your race bib. This must be attached to your bag before being placed in the truck that will transport your bag to the finish line. The bag must have a maximum capacity of 15L. Only bags are accepted at the baggage check (no clothing, no suitcases).

If you plan to bring an item of clothing to keep you warm, you can leave it on the barriers near the start line. These clothes will then be given a second life to people in need.

You will collect your bag in the runner's area after the finish. It will be stored in the line corresponding to your bib number.

Changing rooms

Separate changing rooms for women and men with showers are located at the Tabora sports centre (follow the signs from Namur Expo).

Access

	HEURE CONSEILLÉE D'ENTRÉE DANS LE SAS	HEURE DE DÉPART
Handisport / Joëlette	13h00	13h25
Elite	13h10	13h30
36 - 45min	13h10	13h30
45 - 60min	13h10	13h30
1h01 - 1h30	13h10	13h30
1h01 - 1h30	13h15	13h30



Baloise Namur 10k KickCancer

Avenue Félicien Rops 8 - 5000 Namur



The colour of your race number corresponds to your starting block

Supplies

At each refreshment station, toilets are available, and a designated area is set aside for para-athletes (please respect this). The isotonic drink is High 5 Citrus, the gel is High 5 Aqua Orange, and the bar is High 5 Caramel.

Ravitaillement • Bevooradingspunten • Supplies

10k Kick Cancer	water	iso	banana	orange	salty chips	energy bar	energy gel	Fulfil	Vita Coco
2,8k	●	●	●	●	●	●			
7,6k	●	●	●	●	●	●			
End	●		●					●	●

7. Pacers

Pacers play a crucial role in marathons by helping runners maintain a steady pace and manage their energy. They serve as visual and motivational markers to help runners achieve specific time goals or finish the race without overexerting themselves.

- Pacer MARATHON : 3h00 - 3h15 - 3h30 - 3h45 - 4h00 - 4h15 - 4h30 - 4h45 - 5h00 - 5h30
- Pacer HALF-MARATHON : 1h35 - 1h45 - 2h00 - 2h15 - 2h30 - 2h45
- Pacer 10 KICK CANCER : 40' - 50' - 1h

8. Materne Kids Run

Starting point : [Quai de l'Abbaye 31, 5000 Namur](#)

Departure times :

- Ages 4-8 : 3.30 p.m.
- Ages 9-12 : 3.40 p.m.

Race number collection: Race numbers can only be collected at Namur Expo on Saturday 11 April 20265 from 1.30 p.m. onwards.

A medal will be awarded to all participants, and refreshments will be available at the finish line, including Materne fruit compotes.

Parents may run with their children.

9. Arrival

- The finish area is reserved **EXCLUSIVELY** for runners. No spectators or accompanying persons are permitted before or after the finish line.
- Once you have crossed the finish line, each runner will be directed to a queue according to their distance (marathon, half marathon and 10K) to receive their medal.
- You will then be directed along a path leading to your bag and the exit.
- It is forbidden to stop in the runner's area.
- Medal engraving takes place outside the runners' area (see Namur Expo map).
- The physiotherapy area is outside the runners' area. Priority for treatment is given to marathon and half-marathon runners.
- Complimentary beverages are available upon presentation of your race number at the event bar (see map of Namur Expo).
- An advanced medical post is set up at the arrival point. Emergency number : **112**
- You can have your medal engraved on site without booking (payment on site) in the exhibition village.
- It is **FORBIDDEN** to cross the finish line accompanied (children, family, etc.). The line judges and organisers reserve the right to remove the time of any runner who does not comply with this rule.

10. ELITES

You will receive all the relevant information and the necessary contact details (podium, race information, etc.) by email.

The race starts 5 minutes after the group start for para-athletes (red bibs).

- Marathon start at 9am
- Half-marathon start at 9.30am

The finish line is located outside Namur Expo on Rue Fond des Bas.

Personal supplies: you must hand these in at the Namur Expo reception (Information Point) by 6.00 am at the latest, stating your race number and the supplies you require:

- Marathon: 5km, 10km, 15km, 20km, 25km, 30km, 35km, 40km
- Half-marathon: 5km, 10km, 15km, 20km

For exact distances, please refer to the refreshment station section of the roadbook!

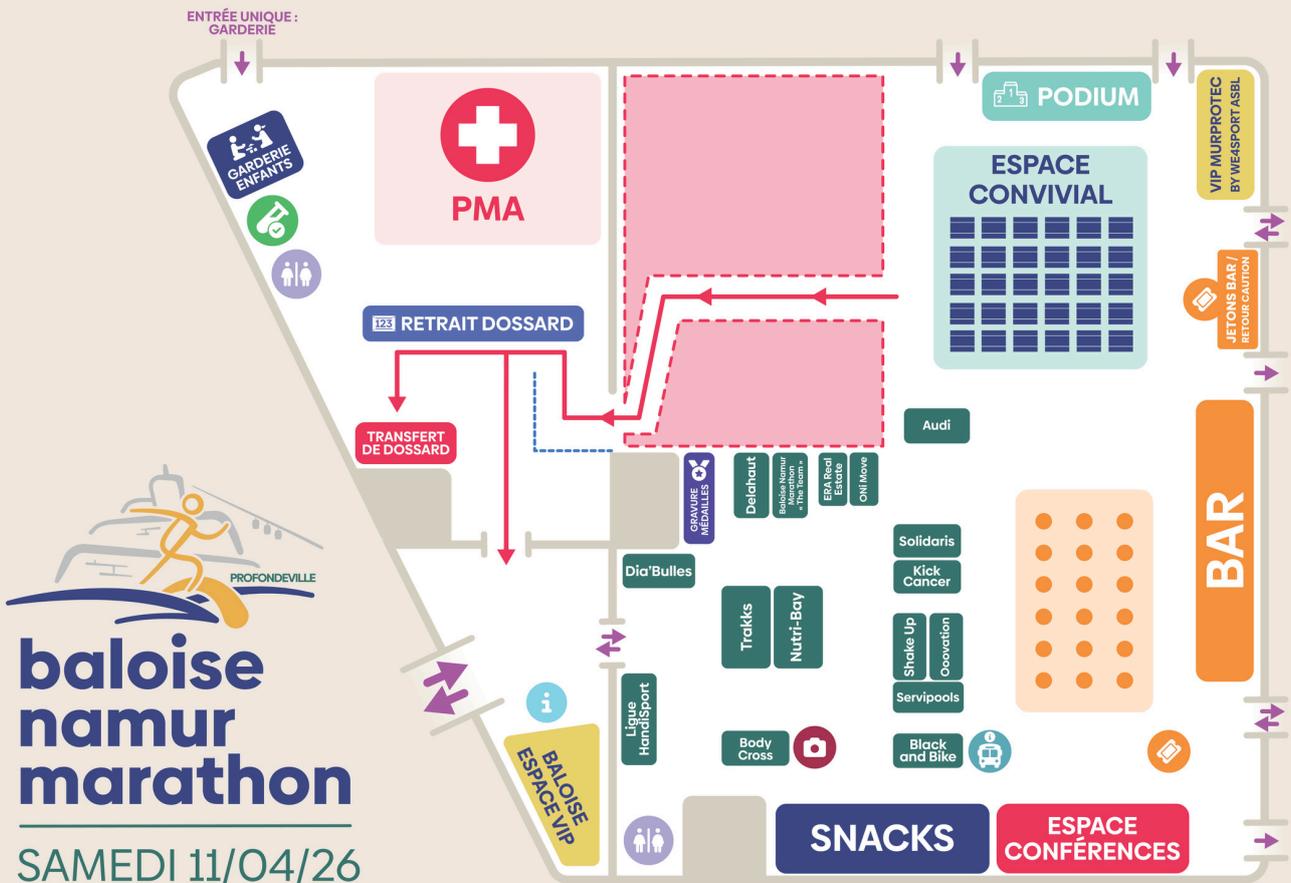
The elite runners' tables are at the end of the refreshment station.

The Marathon podium ceremony is scheduled for 11.45 am.

The Half Marathon podium ceremony is scheduled for 11.15 am.

11. Map of Namur Expo

Saturday
11/04/2026



Sunday 12/04/2026 (before 9 a.m.)



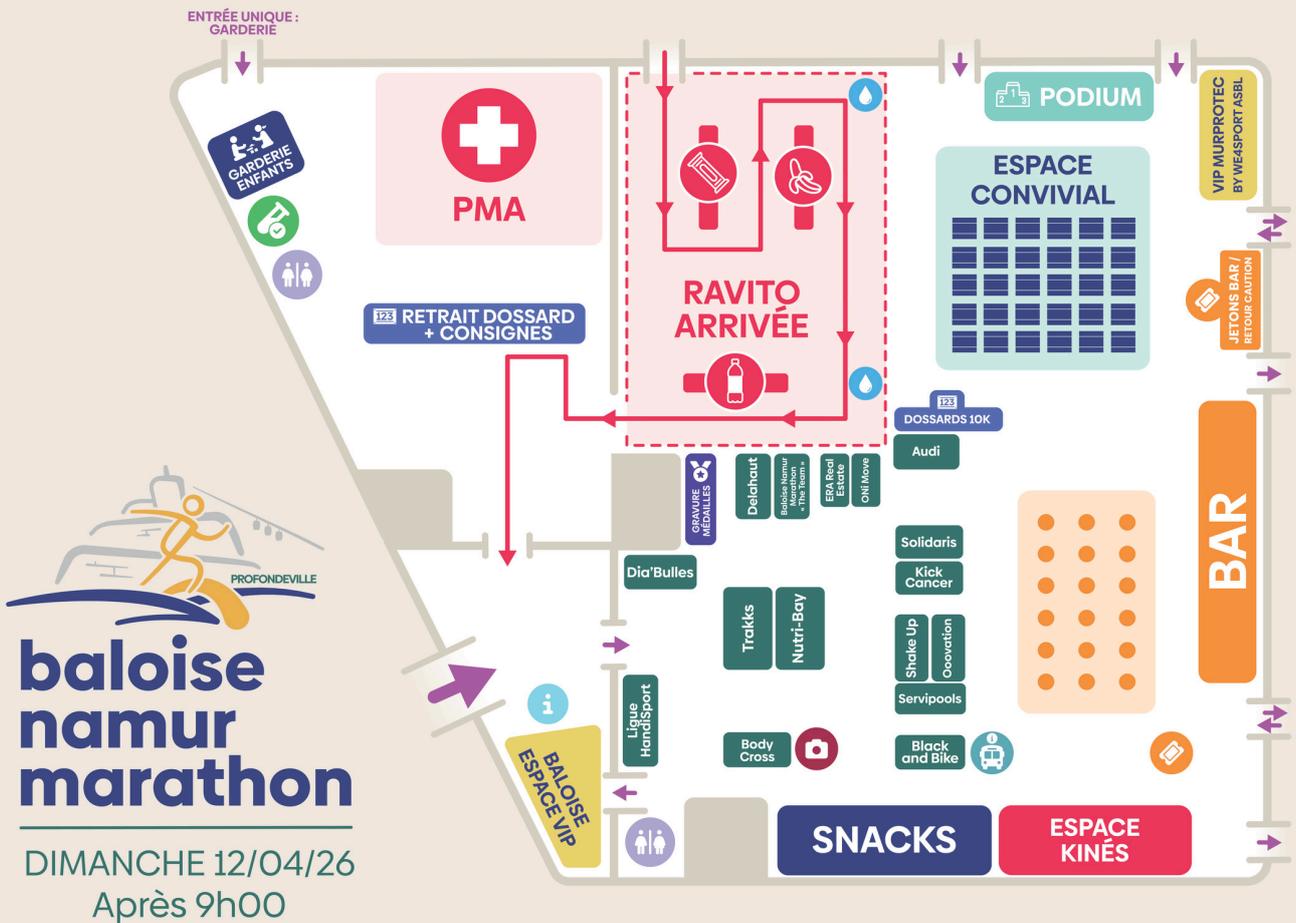
**baloise
namur
marathon**

PROFONDEVILLE

DIMANCHE 12/04/26
Avant 9h00



Sunday 12/04/2026 (after 9 a.m.)

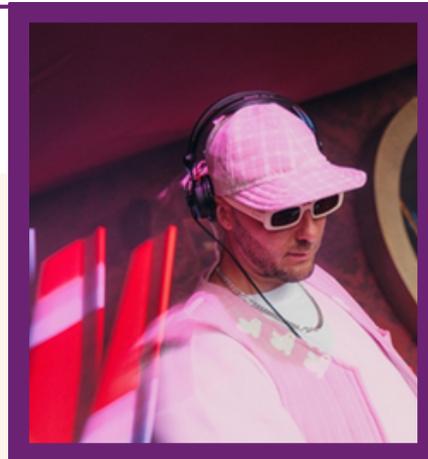


13. Animations

See all the events on the map [HERE](#).

OCSAV (Vasco Henrotin) will get you pumped up before you cross Murprotec Lane and its Cheercard. The Cheercard is an interactive feature where your supporters can send you an audio or video message! Keep an eye on your emails as the race approaches.

Place : CBC, Promenade la Douceur Mosane, 21, 5000 Namur, <https://maps.app.goo.gl/vpERAoaKYgnLrcTk7>



Jean-Paul will perform their finest songs in French and Walloon, on the banks of the Meuse!

Place : Bord de Meuse, Rue des 4 Fils Aymon, 5000 Namur, <https://maps.app.goo.gl/pYFiZZFU6CQLYP9W9>



Le cercle musical de la Région du Centre

Jazz or pop. Saxophone, flute, vocals. Solo or with an orchestra.

Place : Rue de l'Emprunt 91-81 (croisement avec Rue du Passage d'Eau, 5000 Namur, <https://maps.app.goo.gl/PdRbU6TFLTBjhsC7>



La Fanfare Royale Samson Brumagne

Place : Place Albert 1er, 5100 Namur, <https://maps.app.goo.gl/pNAWtRVNVP1xWtTS8>



Animation musicale « Pascal Foturné – Voyageur en solitaire »

A faithful and unmissable adaptation !

Place : Ravel 1, Passage de l'Atelier, 5100 Namur

<https://maps.app.goo.gl/6Z1p5PvK4e46aM3BA>



Les tambours de Plomcot (Plomcot ASBL)

Place : after the Grands Malades brigade

<https://maps.google.com/maps/place/Plomcot>

Trompe de chasse de Liège

Place : L'Enjambée, côté Jambe, 5100 Namur,

<https://maps.app.goo.gl/sctSeijvL5ewNrgu6>



Mr. Sampler

Place : La Confluence, 5000 Namur

<https://maps.app.goo.gl/uVMPChzmmXk4tnsQ7>

Duo Sax/DJ

Let the saxophone get you moving !

Place : Passerelle Saint-Aubain, 5000 Namur
<https://maps.app.goo.gl/v3rLnd8H3LmriyoKA>



Tautis'Band - Concert

Place : En bord de Meuse, Bd de Meuse Rue Francken, 5100 Namur
<https://maps.app.goo.gl/d93xahfqfn3ZgUyf7>

Fanfare Royale d'Ohey

Place : Rue du Rivage 59-39, 5100 Namur,
<https://maps.app.goo.gl/MERoceJmDFxzSy3i9>



RVIBES DJ

Place : Chemin de Halage, 5000 Namur,
<https://maps.app.goo.gl/3Utq3mfYhSjQSk6J6>



Société Royale Moncrabeau – Lès 40 molons

Place : Namur Expo, Avenue Sergent Vrithoff 2,
5000 Namur

<https://maps.app.goo.gl/D9svE1mweZ1XVGip9>

Fanfare Percumix

Place : N947, 5100 Namur. Lieu-dit, pont de
Wépion (jouera des deux côtés du pont),
<https://maps.app.goo.gl/U7jK2uxCR357cVy46>

DJ à l'Aquaplane

Place : Rive de Meuse 1, 5170 Profondeville,
<https://maps.app.goo.gl/dVfM1wJ3kUwHpzyc8>



Faites du bruit pour le Baloise Namur Marathon !

Centre d'accueil Croix-Rouge de Jambes

Rue de Dave 270, 5100 - Jambes

12 avril 2026

Programme

9h00 - 11h30 : zone supporters avec

accès direct sur le parcours du marathon

- Animation musicale

- Château gonflable

- Patte restauration (café, thé, cake)

12h00 : échauffement ambiance ouvert

à toutes les participantes du 10km suivi

d'un déplacement groupé jusqu'à la ligne

de départ.

Parking gratuit (300 places)

de 9h à 17h.



Avec le soutien de

fedasil

CROIX-ROUGE

Croix-Rouge de Belgique

Place : Boulevard de la Meuse 160, 5100 Namur

<https://maps.app.goo.gl/x4stjFfpq6QCxUZ78>

Bouké

With Bouké Media, get ready to set the course alight at the
Baloise Namur Marathon!

DJ sets, live commentary and non-stop music: everything's in
place to get the supporters fired up and cheer on the runners
at every turn. Come along to cheer on the athletes and enjoy a
lively, electric atmosphere throughout the race!



Place : Le Delta, Rue des Bouchers 15, 5000

Namur, <https://maps.app.goo.gl/XKHW6ZrFEgzUkGuT7>

14. Podiums and prices

Only the following runners will be invited onto the podium and will receive prize money and a trophy, and/or a prize and a trophy.

Baloise Namur Marathon

Men's scratch

- 1er : 800€
- 2e : 400€
- 3e : 225€

Women's scratch

- 1ère : 800€
- 2e : 400€
- 3e : 225€

Baloise Namur Half-marathon

Men's scratch

- 1er : 450€
- 2e : 250€
- 3e : 175€

Women's scratch

- 1ère : 450€
- 2e : 250€
- 3e : 175€

Baloise Namur 10K KICK CANCER

Men's and Women's Scratch Rankings with prizes

Handisport

For each race, there will be an overall men's and women's classification with prizes

Juniors

For each race, there will be an overall men's and women's classification with prizes

- Marathon and Half Marathon: born in 2009–2010
- 10K : born in
 - 2009-2010
 - 2011-2012

15. Additional information

Where and when can I collect my race number ?

If you have been invited to collect your race number from Trakks and have not done so before 9 April 2026 (Gosselies, Etterbeek, Rocourt, Uccle) and before 10 April 2026 (Jambes), your race number will be at Namur Expo. It will be available at the Race Number stand on Saturday 11 April from 1.30 pm to 8 pm and on Sunday 12 April from 5.45 am.

Race numbers must be collected by EVERYONE on 11 April between 1.30pm and 8pm and on Sunday 12 April from 5.45am at Namur Expo in the race number area. Race numbers for the 10K KickCancer can be collected until 12.30pm at their own stand (see map).

When and where can I collect my T-shirt ?

On 11 April from 1.30pm to 8pm and on Sunday 12 April from 5.45am when race numbers are collected.

For those who already have their race number, the T-shirt can be collected on 11 and 12 April 2026 before and after the race at the organisation's stand in the Expo Village.

I want to change my departure wave or transfer my race number.

Requests can be made at the TRANSFER point (see Namur Expo map) during the opening hours of the exhibition village on Saturday 11 April and until 8am on Sunday 12 April (SAS only).

I want to take the shuttle.

Requests can be made at the SHUTTLE point (see Namur Expo map) during the opening hours of the expo village on Saturday 11 April and until 8am on Sunday 12 April 2026.

Shuttle return after the race

Free return shuttle buses will be provided to the start of the Half Marathon and 10K

Departing from Salzinnes, TEC stop 'Namur EXPO':

- to wards La Plante, TEC stop 'Rue Delonnoy',
- to wards Wépion, TEC stop 'Grand'Ry',
- to wards Profondeville, stop 'Hôtel de Ville' and Lustin Station

TIMETABLE

- BUS 1: departs at 12.30 pm; 1.30 pm; 2.30 pm; 3.30 pm; 4.30 pm.
- BUS 2: departs at 1.00 pm; 2.00 pm; 3.00 pm; 4.00 pm; 5.00 pm

Time barrier

All runners must cross the finish line by 3:30 p.m. at the latest.

Here is a table showing all the time barriers for each reference point over the longest distance: Marathon :

Reference point - Marathon	Time barrier
21 km	12h15
25 km	12h50
30 km	13h40
35 km	14h25

Engraving of the medal

You can have your medal engraved on site (see Namur Expo map)

Are there any toilets ?

Yes, at the starting points, at the refreshment stations and at Namur Expo.

Results

The results will be posted on our website (on 12 April 2026). The ranking is based on real time.

Photos

You will receive an email allowing you to view your photos taken along the route. These photos are taken by [Sportograf](#).

Personal support/refreshments

Bicycles, scooters and other vehicles are strictly prohibited on the course, under penalty of exclusion of the runner.

It is forbidden to cross the line with a third party; officials and organisers reserve the right to disqualify anyone crossing the line accompanied by another person.

You may refuel outside the designated areas, provided you respect the environment and those around you.

It is forbidden to throw rubbish outside the refuelling areas, under penalty of exclusion.

Mobility

All information regarding mobility can be found [on our website](#).



Major partners



Partners



Official Suppliers



Public Partner





Chrono



Merci
Dank u
Thank you